

TRANSMISSION & SYMPTOMS MONKEYPOX

HOW IS MONKEYPOX TRANSMITTED?

Monkeypox virus spreads when a person comes into contact with an infected person, animal, or object(s). The virus can spread to anyone through close or skin-to-skin contact which can include:

- Close contact with an infectious rash, sore, scab or body fluids
- Contact with materials, objects, fabrics (such as towels or clothing) and surfaces that have been used by someone who is infected
- Respiratory droplets or oral fluids

WHO CAN GET MONKEYPOX?

Anyone can get Monkeypox **regardless of sexual orientation**. Monkeypox is **not** categorized as an STI and can be spread through ANY close bodily contact with someone who is infected.

WHAT ARE THE SYMPTOMS OF MONKEYPOX?

Symptoms can include:

- Fever
- Headache
- Muscle aches
- Exhaustion
- Chills
- Swollen Lymph Nodes
- Rash and/or lesions

*Symptoms vary and you may experience all or only some of the symptoms listed.



FOR MORE INFORMATION, VISIT:
[HTTPS://WWW.CDC.GOV/POXVIRUS/MONKEYPOX/INDEX.HTML](https://www.cdc.gov/poxvirus/monkeypox/index.html)
[HTTPS://WWW.MASS.GOV/MONKEYPOX](https://www.mass.gov/monkeypox)

TREATMENT & VACCINATIONS MONKEYPOX

ARE THERE TREATMENTS AVAILABLE FOR MONKEYPOX?

There are no treatments specifically for monkeypox virus infections. However, monkeypox and smallpox viruses are genetically similar, which means that antiviral drugs and vaccines developed to protect against smallpox may be used to prevent and treat monkeypox virus infections.

Two vaccines licensed by the U.S. Food and Drug Administration (FDA) are available for preventing monkeypox infection – **JYNNEOS** (also known as Imvamune or Imvanex) and **ACAM2000**.



WHO CAN RECEIVE THE VACCINE?

Vaccination is available to individuals who live or work in Massachusetts and meet the CDC's current eligibility criteria, prioritizing those who are most at risk of exposure to an individual with monkeypox. This includes:

- Known contacts identified by public health via case investigation, contact tracing, and risk exposure assessments (including sexual partners, household contacts, and healthcare workers)
- Presumed contacts who meet the following criteria:
 - Know that a sexual partner in the past 14 days was diagnosed with monkeypox
 - Had multiple sexual partners in the past 14 days in a jurisdiction with known monkeypox

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PREVENTION STEPS MONKEYPOX

WHAT CAN I DO TO PREVENT MONKEYPOX?

- Avoid close, skin-to-skin contact with people who have a rash that looks like monkeypox
 - Do not touch the rash or scabs of a person with monkeypox
 - Do not kiss, hug, cuddle or have sex with someone with monkeypox
 - Do not share eating utensils or cups with a person with monkeypox
- Do not handle or touch the bedding, towels, or clothing of a person with monkeypox
- Wash your hands often with soap and water or use an alcohol-based hand sanitizer
- Practice safe sex, including the use of condoms and dental dams
- Wear a mask that covers your mouth and nose when around others who are experiencing symptoms
- Clean and disinfect frequently touched surfaces



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PRECAUTIONS & CARE MONKEYPOX

IF YOU THINK YOU MAY HAVE BEEN EXPOSED TO MONKEYPOX:

- Contact your healthcare provider, especially if you are feeling sick with a fever, aches, swollen lymph nodes or have new rashes or sores
- Contact your local Board of Health and notify the department. They may also be able to answer further questions
- Isolate

IF YOU HAVE BEEN DIAGNOSED WITH MONKEYPOX:

Please take the following precautions:

- If possible, at home and remain in a separate room or area away from people or pets you live with
- Clean frequently touched surfaces with soap and water and a household disinfectant and avoid sweeping/vacuuming
- Use separate utensils, towels, bedding, electronics, etc.
- Do your own laundry (lift bedding, clothes and towels carefully without shaking them)
- Open windows for ventilation
- Encourage everyone in the house to clean their hands regularly with soap and water or an alcohol-based hand sanitizer
- Wear a well-fitted medical mask
- Cover any rashes with clothing or bandages



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VACCINATION SITES **MONKEYPOX**

VACCINATION SITES IN MASSACHUSETTS:

- **Fenway Health (Boston):** Appointments can be made by calling 617-927-6060 Monday through Friday between 9 AM and 5 PM
- **Massachusetts General Hospital Sexual Health Clinic (Boston):** Appointments can be made by calling 617-726-2748 Monday through Friday between 9 AM and 5 PM
- **Boston Medical Center (Boston):** Appointments can be made by calling 617-414-2803 Monday through Friday between 9 AM and 5 PM
- **Outer Cape Cod Health Services (Provincetown):** Appointments can be made by calling 508-905-2888 Monday through Friday between 8 AM and 5 PM
- **JRI Health (Framingham):** Appointments can be made by calling 508-935-2960 Mondays and Fridays between 8 AM and 4 PM and Tuesday through Thursdays between 8 AM and 6:30 PM
- **Greater Lawrence Family Health Center (Lawrence):** Appointments can be made by calling 978-685-7663 Monday through Friday from 8 AM to 4 PM
- **Health Innovations (Randolph):** Appointments can be made by calling 339-987-1956 Monday through Friday between 10 AM and 5 PM
- **Baystate Medical Center Brightwood Health Center (Springfield):** Appointments can be made by calling 413-794-4458 Monday through Friday between 8 AM and 5 PM
- **Tapestry Health (Springfield):** Appointments can be made by calling 413-586-2016, extension 121, Monday through Friday between 8 AM and 4 PM
- **AIDS Project Worcester and University of Massachusetts Medical Center (Worcester):** Appointments can be made by calling 508-755-3773, extension 113, Monday through Friday between 9 AM and 5 PM
- **Seven Hills Behavioral Health (New Bedford):** Appointments can be made by calling 774-634-3725 Monday through Friday between 9 AM and 5 PM

Please be aware that there is currently a limited supply of JYNNEOS, and vaccination is prioritized for individuals at the highest risk of exposure to someone with monkeypox.

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